

Ontario
Rett Syndrome
Association
Building Healthy Tomorrows

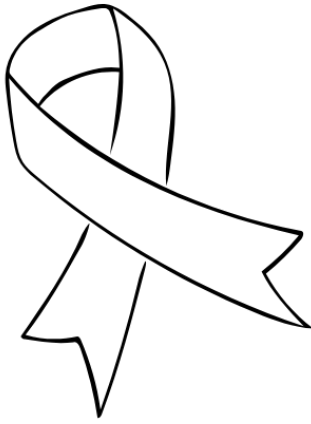
RETT SYNDROME AWARENESS ACTIVITY BOOK



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Please share this activity book with family, friends, students, teachers, and etc. To help spread awareness for Rett Syndrome.

Please share photos with us at
info@rett.ca
or use #ORSAsstrong on social media

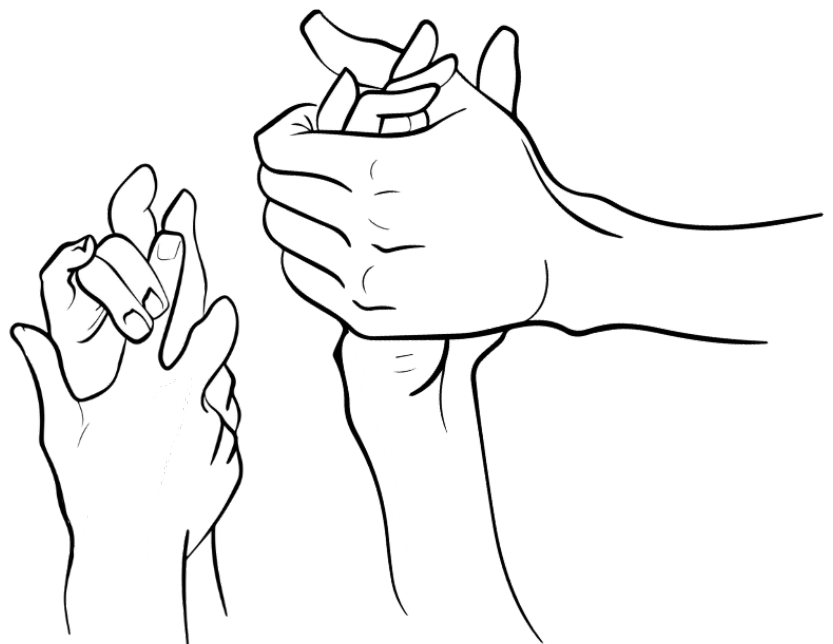
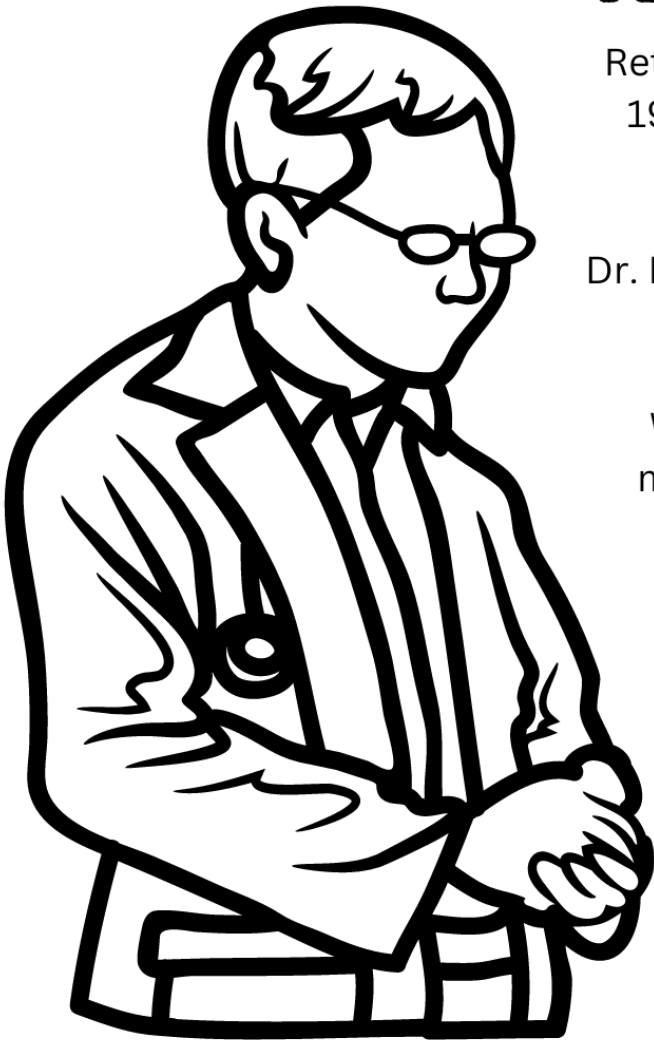


RETT SYNDROME

Rett syndrome was named after a doctor in 1966 when he saw young girls having the same hand movements.

Dr. Rett knew at the time that this had to be a brain problem.

When the brain wires have a hard time making connections the body may have trouble talking, moving or breathing.



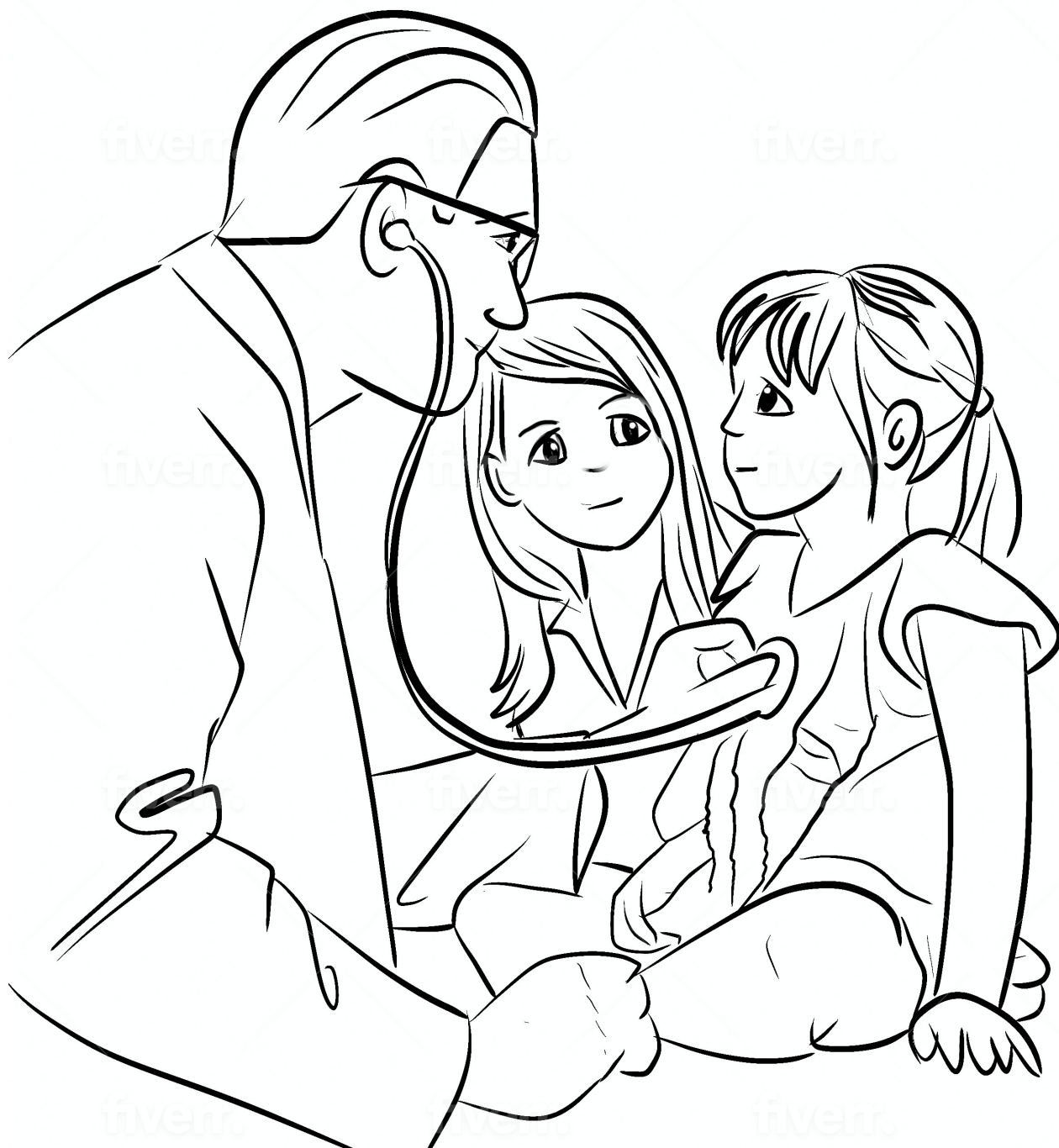
Children born with Rett syndrome are loved by their family, just like you.



**Children with Rett syndrome may not want to play with toys
but like hanging around you.**



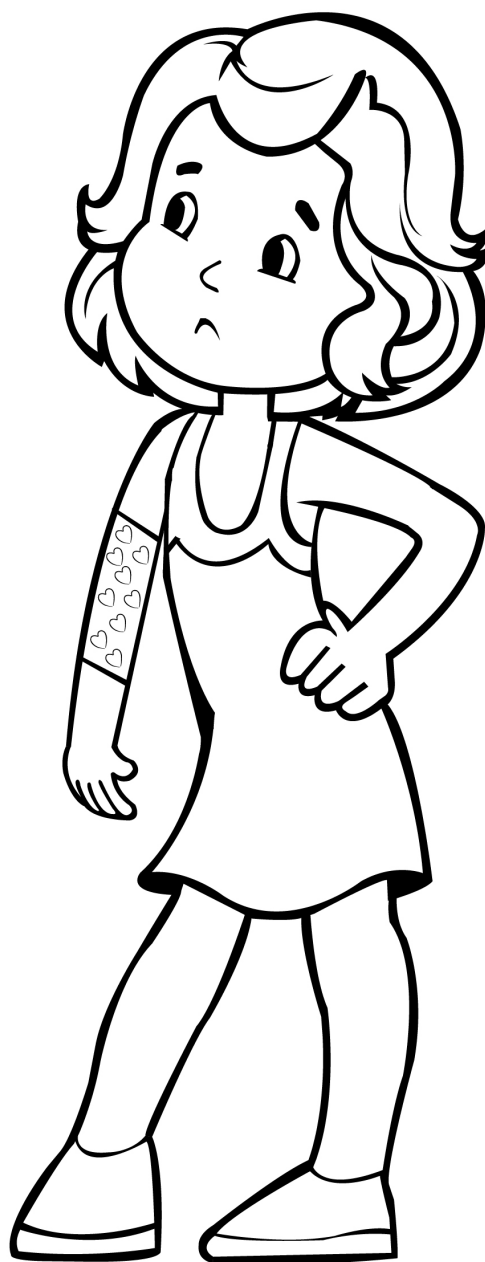
Those with Rett syndrome may have more doctor visits to keep them healthy.



Some individuals with Rett syndrome use a wheelchair to help them get around.



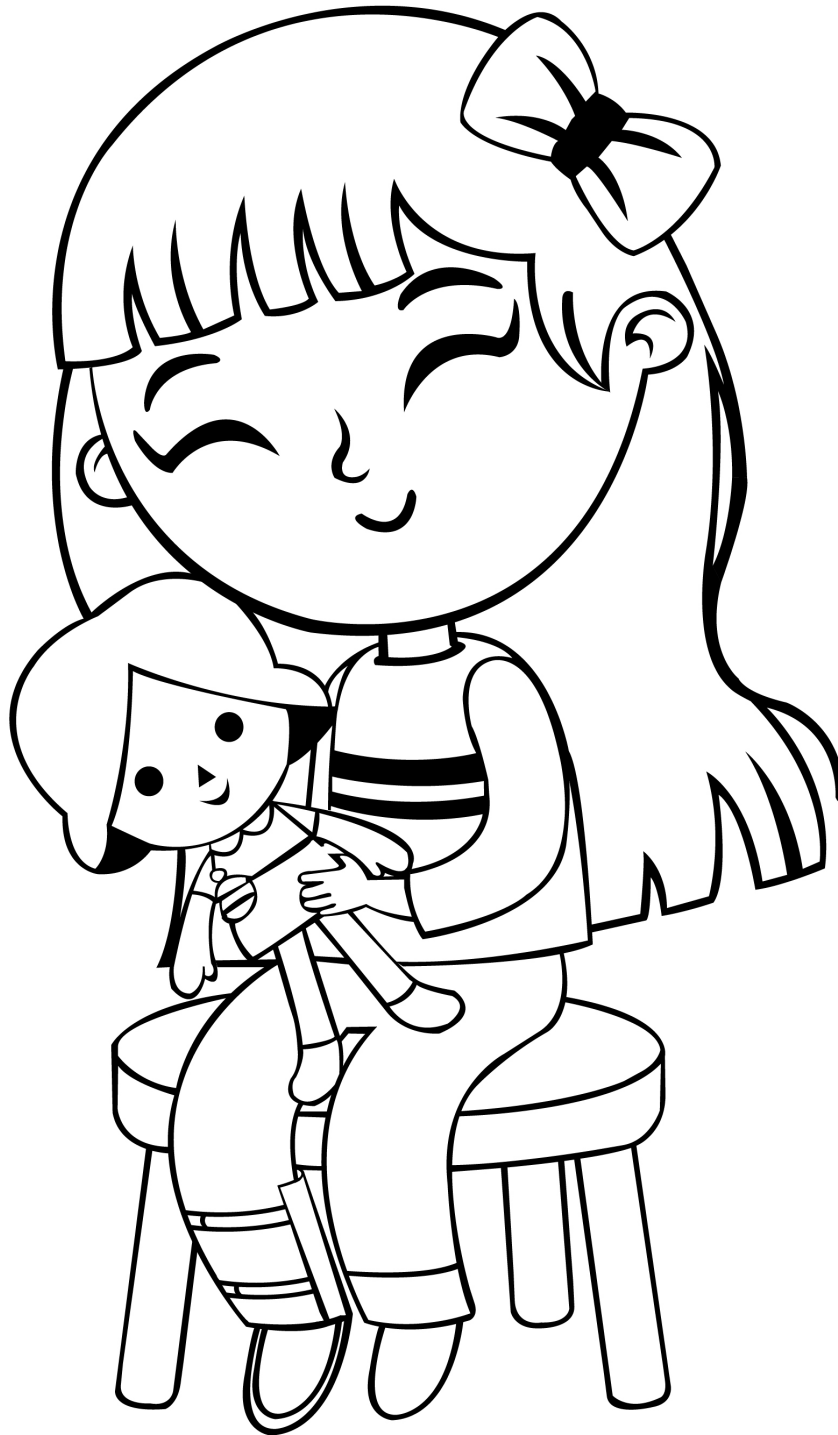
Some individuals with Rett syndrome wear arm braces to help slow down the arm movements.



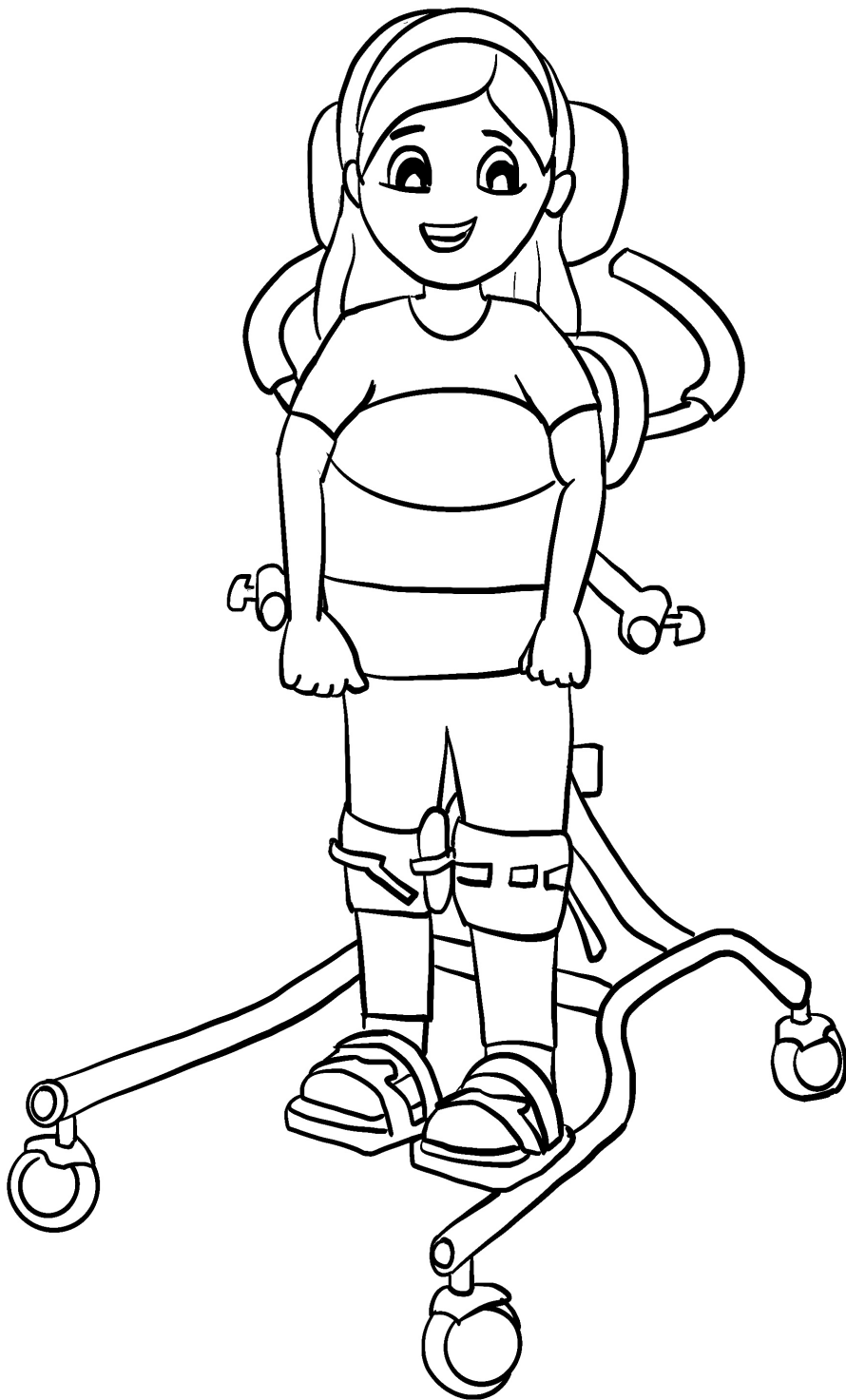
Some individuals with Rett syndrome may have trouble controlling their body.



Individuals with Rett syndrome like to watch, listen and learn. They are smart, clever and funny.



Different tools or pieces of equipment can help individuals with Rett syndrome if they need it.



Some individuals with Rett syndrome need tools to help them walk.



**THOSE WITH RETT SYNDROME LIKE TO PLAY
SPORTS BUT MIGHT NEED HELP!**



Technology is amazing. With the help of a special computer someone with Rett syndrome could use their eyes or (sometimes) hands, to help them talk.



Name: _____

Rett Syndrome Awareness Month

K U S I H M P K B H R Z X Y B U R J C W
P K E S B O Z N N R X R C P G X P B J W
U L R T D Y T O T J I S L R I G A N J J
H U N A F Y Y M K A Z S M D A L E M X O
E B P N S K O T H M S E U E B V Y H G D
N O J D R F C C D V S N S D X K P R J L
P K A E S J L C J F Y E B K X F A T B R
Y R S R A E W A L K E R O Z Y E R T W B
T Y I I E I P A P Q C A Y C D I C E E O
U T W H J P T R D Y G W S T Z N U R D R
Q B W P T E W J E F X A D L F G A N E S
P H C J U V M L W M K W Q W F S M U M A
D D O J E B L M Q J O A B N E R V O U S
C Q A B R X B B I G N R S S E G R B Y J
U R S A I L E S X D A M D L H L D W U O
W Y I I E R D F U C Y N L N L D H X M E
O N G M J L W T E G Z O U P Y X G E Q M
C H Z Y Q L Z X G V R X A W D S C O Y E
C R K A Y Q Y O G T O S Q G P P P A K E
I R I P G Q O C S V S U U T 2 M G O V S

FIND THESE HIDDEN WORDS.

Words can be found forward, backward, and diagonal.

ARM
BRAIN
NERVOUS
STROLLER

AWARENESS
DNA
ORSA
SYNDROME

BOYS
GIRLS
RETT
WALKER

BRACE
MECP2
STANDER
WHEELCHAIR

Name: _____

Rett Syndrome Awareness Month

J E Y P X U N J Q U B S R S L F K Y G N B G K Q J
S S C I T E N E G D C B I K I A Q B B D M R I W X
I T G W I M Q E O P C C N W X S G H T N O I Z H B
W S R M W M Q T L E M Y I Q N G O U S E T A D O I
S D C O E Z B F L R E O N N U X H H O T O H A V F
C I J C L C R T O O F - E L K N A Z T J R C P A K
V A P T W L A A U E Q U Y X D T M S Q R X L F N S
M 2 V T S M E R A M R R N G W O P O R S O E K W S
T U F E W V V R B O M I N U U A W Q O O R E K C J
D O Y R R W G W L R J K U N Z I L D R Q M H H B H
I E S D R E K O N D Z B F C I Y W K E B Z W E I E
Y Z X P S S G Q Q N F Z Z K E Z T R E I K K X H C
N V V B A I B X Q Y O K P L S V A G I R M F S W I
X B G U C N S E K S V F V G G R N Z P B P T A I N
K A G A Q F D T G K I N K V M I Z Z Z P R K X O T
L M L F G U S I L A D A G F R F C G D O S A I A L
D O F S S Q Y W V O R N L A W A R E N E S S V F F
I U K N R H O R O Q I U C Y X E R G J T U H H E N
S R C S G H B S B M T O O Q J C T G D L H K D G I
D E I G Y M L D M P C A S C U B V B C A R O N T A
P C K J X L F I G R E D R O S I D N O A X I W R R
R H U U I B W A E F U C Z M S X I N I L V M D E B
Z T I K D S S A N W E R E D N A T S I O W Z O N G
Q U S L R I G V F G U R M I B V F Z L S R V C Q B
N L X R O S R G R Y G O C P W K S U O V R E N K L

FIND THESE HIDDEN WORDS.

Words can be found forward, backward, and diagonal.

ANKLE-FOOT
BRAIN
DNA
INCLUSION
NEUROLOGICAL
SKILLS
SYNDROME

ARM
BRAVE
EYES
LOVING
ORSA
STANDER
WALKER

AWARENESS
CARING
FUNNY
MECP2
ORTHOSIS
STROLLER
WHEELCHAIR

BOYS
COURAGE
GENETICS
MOTOR
RARE
STRONG

BRACE
DISORDER
GIRLS
NERVOUS
RETT
SWIMMING

Thank
You

FROM



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